

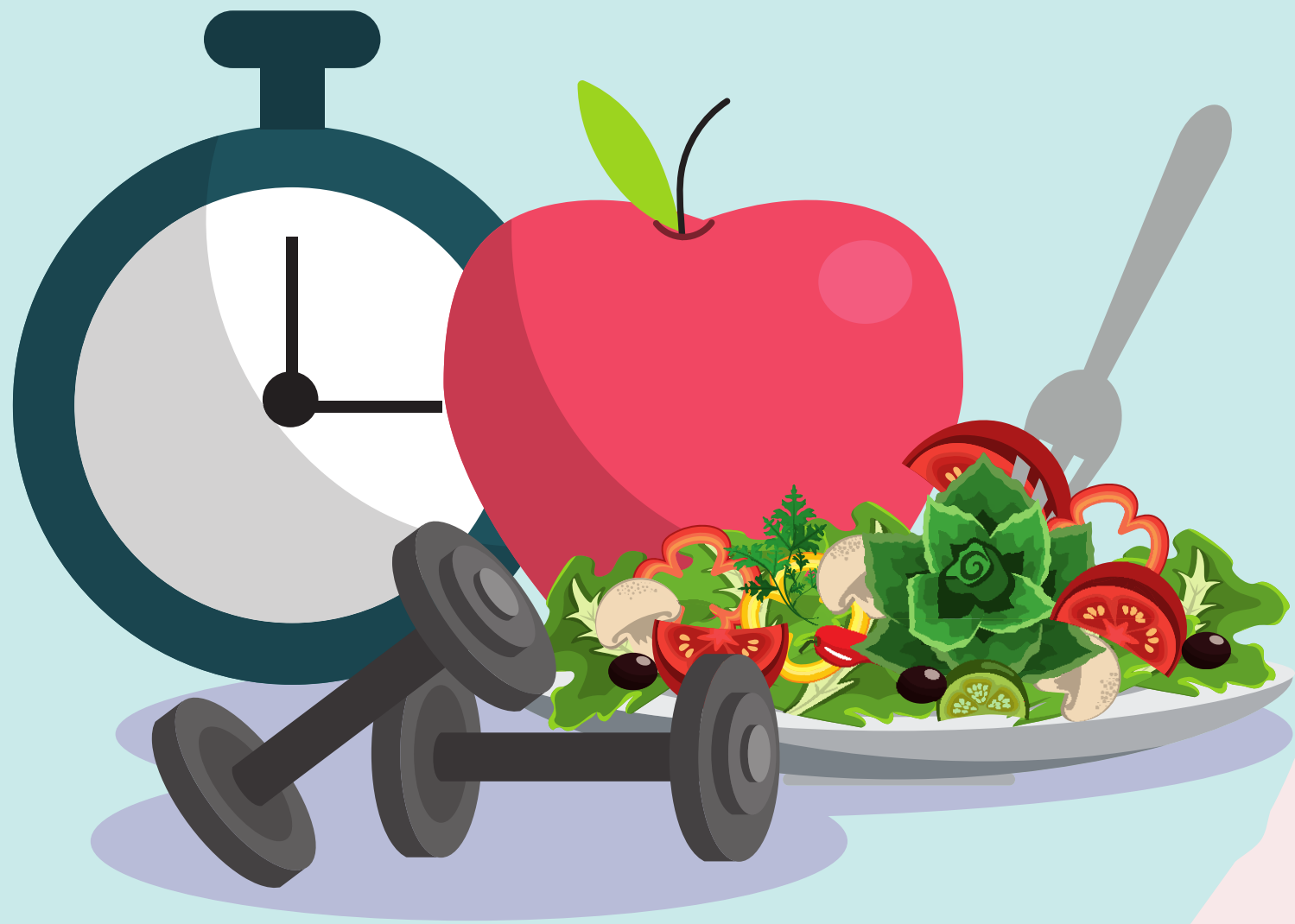
Health & Wellness Team

March 2022



What do you think of
when you hear the
words
**HEALTH and
WELLNESS?**





Health & Wellness Team's Purpose

To work with health and wellness leaders in the PBC community to educate, inform, and ensure that everyone from Birth to Age 22 has access to:

- health care
- healthy food
- physical activities

that promotes healthy choices for a lifetime.

HOW DO WE MAKE IT HAPPEN?



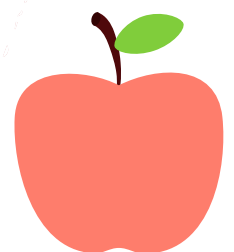
Access to Physical/ Eye/
Hearing Exams



Access to Health Insurance



Access to Care for
Pregnant Moms



Access to Healthy Foods



Access to Safe and
Clean Parks & Recreation
options

RECENT GOAL #1

Spread the word about
open enrollment for health insurance

Radio, newsletters, community groups

Open enrollment is the period of time
each year when you can sign up for
health insurance or change your plan





RECENT GOAL #2

Spread the word about feeding sites

Youth Services' Summer Food Service Program
United Way's Hunger Relief Team

Locations where families can pick up
free food in the community

RECENT GOAL #3

Spread the word about safe parks & activities

Parks & Recreation Guide





THE FUTURE OF THE HEALTH & WELLNESS TEAM

Collaboration with PBC CHIP (Community Health Improvement Plan)

CHIP is working on a detailed plan to identify the community's health priorities.

Then creating goals to improve the health and quality of life in Palm Beach County around those priorities.



WHAT DOES THAT MEAN FOR US?

- Health and Wellness Action Team members are attending CHIP Meetings
- Bring your voice and concerns to the CHIP meetings and Birth to 22 teams
- Combine efforts to address similar goals
- Be part of a County-wide plan





We asked 2022 Community
Conversation participants

**WHAT'S YOUR TOP CONCERN
RELATED TO HEALTH &
WELLNESS?**



