



Palm Beach County
Board of County Commissioners

Palm Beach County Youth Services Department

FREE Therapy Services

Trauma-Informed Care

In-person and Virtual



Youth and Family Counseling

Outpatient Services

West Palm Beach - (561) 242-5714

Delray Beach - (561) 276-1340

Belle Glade - (561) 992-1233

Palm Beach Gardens - (561) 242-5714

Highridge Family Center

Residential Program

(561) 625-2540

Education & Training Center

Outpatient Services

Parent-Child Interaction Therapy

(561) 233-4460



Issues Addressed

- Bullying
- Self Esteem
- Communication
- School Concerns
- Behavioral Problems
- Separation and Divorce
- Social Skills
- Family Violence
- Grief Counseling
- Emotion Regulation
- Traumatic Experiences
- Parent/Child Relationships

