

# PROCLAMATION

OF THE BOARD OF COUNTY COMMISSIONERS  
OF PALM BEACH COUNTY, FLORIDA



## DECLARING MAY 2025 AS MENTAL HEALTH AWARENESS AND TRAUMA-INFORMED CARE MONTH

**WHEREAS**, mental health is essential to overall well-being, and everyone experiences times of stress and adversity, and;

**WHEREAS**, one in four adults and one in five youth ages 13 to 18 experience mental health challenges, and;

**WHEREAS**, 60% of adults and 50% of youth do not receive the mental health treatment necessary due to limited knowledge of the need, barriers to care, fear or shame, and;

**WHEREAS**, adverse childhood experiences (ACEs), which include physical, emotional and sexual abuse or neglect, household dysfunction, untreated mental illness, untreated substance misuse, separation or incarceration of a household member and domestic violence, are traumatic experiences that can have a profound effect on a child's developing brain and body and can result in poor health during childhood and adulthood, and;

**WHEREAS**, studies show that the effects of ACEs are felt regardless of age, race, ethnicity, religion, gender, sexual orientation or socio-economic status, and;

**WHEREAS**, isolation, sickness, grief, home instability and community trauma increase the need for mental health services, and;

**WHEREAS**, mental wellness leads to higher productivity, better educational outcomes, lower crime, stronger economies, lower health care costs, and improved quality of life, and;

**WHEREAS**, creating safe, stable, nurturing relationships and environments helps to prevent adverse experiences and creates positive childhood experiences, helping children achieve their full potential, and;

**WHEREAS**, each business, school, government agency, health care provider, faith-based organization, nonprofit agency and citizen has a responsibility to promote mental wellness, and;

**WHEREAS**, the Palm Beach County Board of County Commissioners recognizes "Get Your Green On," celebrating 10 years as a countywide campaign that encourages mental health care and trauma-informed approaches through the systems of care.

**NOW, THEREFORE, BE IT PROCLAIMED BY THE BOARD OF COUNTY COMMISSIONERS OF PALM BEACH COUNTY, FLORIDA**, assembled in regular session on this sixth day of May 2025 that May 2025, in Palm Beach County, is hereby proclaimed

### *Mental Health Awareness and Trauma-Informed Care Month*

**BE IT FURTHER PROCLAIMED BY THE BOARD OF COUNTY COMMISSIONERS OF PALM BEACH COUNTY, FLORIDA**, that this proclamation is duly sealed, ribboned and executed by the members of this board. The foregoing proclamation was sponsored by Mayor Maria G. Marino, and upon unanimous consent of the board, the mayor declared the proclamation duly enacted.

ATTEST:

Joseph Abruzzo

Clerk of the Circuit Court & Comptroller

Commissioner Maria G. Marino, Mayor

Commissioner Sara Baxter, Vice Mayor

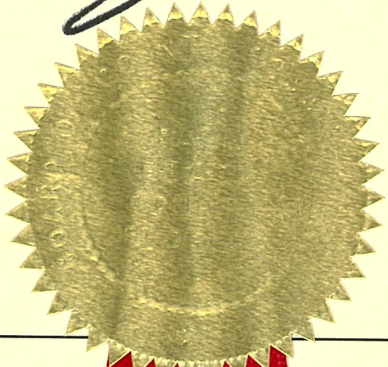
Commissioner Gregg K. Weiss

Commissioner Joel G. Flores

Commissioner Marci Woodward

Commissioner Maria Sachs

Commissioner Bobby Powell Jr.



As and Constituting the Board of County Commissioners of Palm Beach County, Florida