

Girls Coordinating Council of Palm Beach County
Resources

Books

- *Shout* (Non-fiction, Laure Halse Anderson)
- *Speak* (Fiction, Laurie Halse Anderson)
- *Your Brain Needs a Hug* (Nonfiction, Rae Earl)
- *Not All Black Girls Know How to Eat* (Nonfiction, Stephanie Convington Armstrong)
- *Grown* (Fiction, Tiffany D. Jackson)
- *Ordinary Hazards* (non-fiction, Nikki Grimes)
- *(Don't) Call Me Crazy* (Non-fiction, multiple authors)
- *Body Talk* (non-fiction, multiple authors)
- *What Color is Your Parachute? Teens Edition* (non-fiction)
- *You Got This!* (Non-fiction, Maya S. Penn)
- *Doable: The Girls' Guide to Accomplishing Just About Anything* (Non-fiction, Debbie Reber)
- *Where's My Stuff?: The Ultimate Teen Organizing Guide* (Non-fiction, Samantha Moss & Lesley Schwartz)
- *Express Yourself: A Teen Girl's Guide to Speaking Up and Being Who You Are* (Non-fiction, Emily Roberts)
- *The Poet X* (Fiction, Elizabeth Acevedo)
- *I am Not Your Perfect Mexican Daughter* (fiction, Erika L. Sanchez)
- *How to Break Up with Your Phone* (non-fiction, Catherine Price)
- *Piece of Cake: A Memoir* by Cupcake Brown (for more mature population; discusses human trafficking and drug addiction; possibly triggering but truly an inspirational story).

Documentaries

- You're Not Alone (PBS doc: <https://www.pbs.org/show/kids-crisis-youre-not-alone/> [pbs.org])
- *Girl Rising* (2013 documentary)
- *Very Young Girls* (2007 documentary)
- *All This Panic* (2016 documentary)
- *Misrepresentation*

Podcasts

- Therapy for Black Girls podcast [https://therapyforblackgirls.com/podcast/\[therapyforblackgirls.com\]](https://therapyforblackgirls.com/podcast/[therapyforblackgirls.com])
- Hey, girl. <https://cms.megaphone.fm/channel/heygirl> [cms.megaphone.fm]

Websites

- <https://www.therapistaid.com>
- <https://youth.gov>
- <https://www.talentedteenclub.org/>