PROCLAIMING MAY 2021, MENTAL HEALTH AWARENESS AND TRAUMA INFORMED CARE MONTH IN PALM BEACH COUNTY, FLORIDA

WHEREAS, mental health is essential to everyone's overall health and well-being, and;

WHEREAS, everyone experiences times of stress and struggles in their lives, and;

WHEREAS, one in four adults and one in five youth ages 13-18 experience serious mental illness and;

WHEREAS, 60 percent of adults and 50 percent of youth do not receive the treatment necessary for their mental health needs due to limited or no knowledge of the need, barriers to care, or fear and shame, and;

WHEREAS, research recognizes that adverse childhood experiences (ACEs), which include, but are not limited to physical, emotional and sexual abuse, physical and emotional neglect, household dysfunction, untreated mental illness, or incarceration of a household member, domestic violence, micro-aggressions and separation or divorce involving household members, are traumatic experiences that can have a profound effect on a child's developing brain and body and can result in poor physical and mental health during childhood and adulthood, and;

WHEREAS, promoting mental health and wellness leads to higher overall productivity, better educational outcomes, lower crime rates, stronger economies, lower health care costs, improved family life, improved quality of life and increased lifespan, and;

WHEREAS, Palm Beach County, recognizes the impact of awareness and education, access to services and acceptance of the importance of mental health and well-being to a person's overall success and supports the implementation of trauma informed approaches throughout the systems of care.

NOW, THEREFORE, BE IT PROCLAIMED BY THE BOARD OF COUNTY COMMISSIONERS OF PALM BEACH COUNTY, FLORIDA, that May 2021 is hereby proclaimed:

MENTAL HEALTH AWARENESS AND TRAUMA INFORMED CARE MONTH IN PALM BEACH COUNTY, FLORIDA

BE IT FURTHER PROCLAIMED BY THE BOARD OF COUNTY COMMISSIONERS OF PALM BEACH COUNTY, FLORIDA, that this proclamation is duly sealed, ribboned and executed by the members of this Board. The foregoing proclamation was sponsored by _____, and upon unanimous consent of the Board, the Mayor declared the proclamation duly enacted.